



TOTEM

SURF & YOGA SPIRIT

IDR 100 000

~5.90€ | 6.50\$

PRICE IS PER PERSON AND PER MEAL

HOT DRINK
Tea or coffee



FRESH JUICE
Fruits of the day



PASTRIES
3 mini pastries with butter and jam



CHOICE 1 :
scrambled or fried eggs with bread, sliced avocado

CHOICE 2 :
an avocado toast with a poached egg on top



CHOICE 1 :
A tropical fruit salad

CHOICE 2 :
granola with regular or dairy-free yogurt and fruit



* The menu is subject to change depending on availability
(Please note that we can adjust the menu together before your arrival if needed)



TOTEM

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LUNCH

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Monday	Mi Goreng	 	Fried noodles with vegetables, meat, and eggs Fried noodles with vegetables, tofu, and tempeh	 Water Es Kelapa
	Dadar Gulung		Green pandan crêpes filled with grated coconut and palm sugar	
Tuesday	Rendang	 	Spicy, slow-cooked beef in coconut milk Spicy, slow-cooked jackfruit or tempeh in coconut milk	 Water Es Teh
	Fresh fruit		Tropical fruits of the day	
Wednesday	Soto	 	Traditional soup with meat and vegetables. Traditional soup with tofu, vegetables, and vermicelli.	 Water Es Jeruk
	Pisang Goreng		Fried bananas, served with sugar, honey, or syrup	
Thursday	Satay	 	Grilled meat skewers with peanut sauce Grilled tofu or tempeh skewers with peanut sauce	 Water Es Teh
	Fresh fruit		Tropical fruits of the day	
Friday	Nasi Campur	 	Mixed rice with various side dishes Mixed rice with tempeh, tofu, vegetables, and fried sambal	 Water Es Kelapa
	Fresh fruit		Tropical fruits of the day	
Saturday	Gado-Gado		Vegetable salad with peanut sauce	 Water Es Jeruk
	Kolak		Bananas cooked in coconut milk with palm sugar	
Sunday	Your choice	 	Departure lunch	 Drink of your choice

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